



DEPARTMENT OF THE ARMY CRIMINAL INVESTIGATION DIVISION

KRATOM

RISKS TO YOUR HEALTH AND FUTURE

The Department of the Army Criminal Investigation Division would like to warn our Army communities about the dangers of Kratom. Kratom is a tropical tree native to Southeast Asia and Africa. The leaves, when dried and made into a powder or liquid, is marketed as a herbal extract/supplement and can be ingested in pills, capsules, powders and drinks.

There are no prescription or over-the-counter products containing Kratom or its two main chemical components, mitragynine and 7-hydroxymitragynine, that are FDA approved.

There are no products that contain Kratom or its chemical components that are legally sold on the market in the U.S.

Use of Kratom is punishable by the Uniform Code of Military Justice and can result in the loss of all pay and allowances, up to two years confinement, and/or a dishonorable discharge.



Beyond risking your career, these products are unregulated and may cause nausea, itching, sweating, dry mouth, constipation, increased urination, tachycardia (abnormally high heart rate,) respiratory problems, vomiting, drowsiness, loss of appetite, weight loss, insomnia, liver damage, seizures, and hallucinations.

Individuals with credible information concerning the illicit use or distribution of Kratom within the Army community are encouraged to contact Army CID at www.cid.army.mil/tips or by submitting an anonymous tip by scanning the QR code below.



SUBMIT A TIP

Reporting is Anonymous

<https://www.cid.army.mil/tips>

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